



Our freshly prepared **organic dumplings*** are made in-house and can be ordered either **classically steamed** 🍲 or **crunchy pan-fried** 🍳

DUMPLINGSOUP ²⁾³⁾ 🍲 + 🍤 8,9 €

Large bowl of soup with 2 kinds of dumplings(10pc.) served in a hearty broth together with fresh veggies, sprouts and roasted sesame

MIX & MATCH

Please choose your fillings and dips according to the selected portion size:

SNACK

🍤 x 8

🍤 2 fillings

○ 1 dip

5,9 €

MEDIUM

🍤 x 14

🍤 2 fillings

○ 1 dip

8,5 €

LARGE

🍤 x 18

🍤 3 fillings

○ 2 dips

10,9 €



FILLINGS

1 SPINACH-SHEEP CHEESE ¹⁾

biodynamic spinach and authentic sheep cheese

2 FRESH CHEESE-POTATO ¹⁾⁴⁾

local soft white cheese, potato & fried onion

3 BROCCOLI-SHIITAKE-TOFU ¹⁾²⁾ 🌱

biodynamic broccoli, fresh shiitake mushroom, carrot, fried onion and tofu

4 POTATO-CABBAGE-CARROT ¹⁾ 🌱

potato, cabbage, carrot, ginger, fried onion, chili and indian spices

5 PUMPKIN-CHICKPEAS ¹⁾ 🌱

Hokkaido pumpkin, chickpea, carrot, fried onion and fresh lemon zest

6 MUSHROOM-POTATO ¹⁾ 🌱

fresh regional mushroom, potato and fried onion

DIPS

a MITHO 🌱

spicy tomato dip with ginger and chili

b LEMON-MINT ²⁾ 🌱

fresh lemon dip with mint and olive oil

c SOY-SESAME ²⁾³⁾ 🌱

Shoyu with vinegar and roasted sesame

+ EXTRA DIP 0,7 €

Legend: 1) contains gluten 2) contains soy 3) may contain traces of nuts and sesame 4) contains lactose 5) contains caffeine 6) contains sulphites

vegan 🌱

SIDES

EDAMAME ²⁾ 🌱 3,9 €
young steamed soy beans with pod sprinkled with salt

RADDISH ROOTS ³⁾ 🌱 3,6 €
fermented raddish with black sesame

GREEN BEANS ²⁾³⁾ 🌱 3,6 €
steamed green beans served with finely sliced ginger

SEASIDE SALAD ²⁾³⁾ 🌱 3,9 €
fresh red seaweed on a bed of cucumber cubes

CRUNCHY SPROUTS ²⁾³⁾ 🌱 3,6 €
crunchy sprout salad served with sesame dressing

COMBOS

COMBO OF 3 - pick 3 sides of your choice 10,5 €

COMBO OF 5 - set of all 5 sides 17,9 €

DESSERTS

SWEET MOMOS ¹⁾ 🌱 5,9 €
10 little pan-fried dessert dumplings filled with banana, served with maple syrup and a dash of cinnamon

PECAN CHOC BROWNIE ¹⁾²⁾³⁾ 🌱 3,2 €
organic chocolate brownie slice made with whole-grain spelt

THINK PINK 🌱 3,9 €
organic raspberry sorbet with pink pepper

DRINKS

FRESHLY SQUEEZED JUICES

Apple-Orange 0,2l / 0,35l 3,3 / 5,5 €
Orange-Carrot-Ginger 0,2l / 0,35l 3,3 / 5,5 €
Apple-Carrot-Ginger 0,2l / 0,35l 3,3 / 5,5 €
Cucumber-Apple-Lemon 0,2l / 0,35l 3,3 / 5,5 €

WATER

Viva Con Agua leise (still) 0,3l 2,5 €
Viva Con Agua laut (sparkling) 0,3l 2,5 €

ORGANIC ICED TEA

ChariTea Red - fairtrade rooibos with passionfruit 0,3l 3,2 €
ChariTea Green ⁵⁾ - fairtrade green tea with ginger & honey 0,3l 3,2 €
ChariTea Mate ⁵⁾ - fairtrade sparkling mate tea 0,3l 3,2 €

ORGANIC REFRESHMENTS

Fritz-Spritz apple juice spritzer 0,3l 2,9 €
Fritz-Spritz rhubarb juice spritzer 0,3l 2,9 €
BioZisch Matcha 0,3l 2,9 €
BioZisch Cucumber 0,3l 2,9 €

ORGANIC BEER

Störtebecker alcohol-free beer 0,3l 2,9 €
Premium Bio-Pils 0,3l 3,3 €
Quartiermeister local organic Pils 0,3l 3,5 €

ORGANIC CIDER

Ostmost Cider Mild 0,3l 3,9 €

ORGANIC WINE

Camino Blanco ⁶⁾ spanish organic white wine - 0,25l 4,9 €
Camino Rosado ⁶⁾ spanish organic rosé wine - 0,25l 4,9 €

HOT DRINKS & TEA

Ginger Tea 0,3l 3,2 €
Hot Lemon 0,3l 3,2 €
Ginger-Lemon Tea 0,3l 3,5 €
Ginger-Orange Tea 0,3l 3,5 €
Hot Apple with Thyme 0,3l 3,5 €
ChariTea Green Himalaya ⁵⁾ 0,3l 2,6 €
ChariTea Arabic Mint 0,3l 2,6 €
ChariTea Black Darjeeling ⁵⁾ 0,3l 2,6 €

ORGANIC COFFEE

Espresso ⁵⁾ 1,9 €
Americano ⁵⁾ 2,6 €
Cappuccino ⁴⁾⁵⁾ / Soy Cappuccino ²⁾⁵⁾ 2,9 €
Latte Macchiato ⁴⁾⁵⁾ / Soy Latte ²⁾⁵⁾ 3,2 €



* all of the used ingredients are from organic farming and certified - free of GMO, without preservatives or additives